

## Guided E \ bike tours

Cerro Catedral circuit – 28 km – 4 hours Trails and tracks free of traffic or cars



This circuit begins in the main paved parking lot of Cerro Catedral. It is designed so that participants experience the sensation of riding a mountain bike on uneven terrain, making climbs and descents typical of the activity. It is a route mostly made up of trails within the forest. Double tracks and dirt roads serve as a link to complete the

route. The difficulty is moderate.

So that everyone can complete the route and enjoy without limitations, this circuit done with the latest generation E-Bikes. They are intuitive, agile, easy to operate and very secure. (see E-bikes on page 6)

Suitable for participants ages 5 and up.

-Children between 5 and 10 are taken on a "cangubike" (see Cangubike page 7) -Participants over 145cm can ride a bike. Adults over 65 must be athletic and have no physical limitations to pedal.

For the Cathedral circuit you must bring: a light lunch (it can be a sandwich, fruit and cereal bars). Water, in summer a minimum of 750cm3 per person

Clothing: small backpack, sunglasses, sports clothing in layers, the clothing should be light, if possible quick drying. During summer days, bring a bathing suit and a towel for an eventual plunge. In spring and autumm do not forget a coat and gloves. The tour includes bicycle, helmet and professional guide. The guide speaks english and spanish







## Guided E \ bike tours

Panoramic tour – Lake Moreno loop – 32 km – 4 hours Mostly dirt roads and some asphalt sections





This tour is less difficult than the Cerro Catedral tour, and more panoramic. It runs mainly on gravel roads with very little vehicular traffic. It crosses the historic town of Colonia Suiza and the renowned viewpoint of the small circuit.

This route is distributed as follows: 15% trails, 15% asphalt and the remaining 70% gravel road.

We usually stop for lunch in Colonia Suiza or Bahía López. (cost of lunch not included in the tour)

Suitable for participants ages 5 and up.

For the Lake Moreno circuit you must bring: Water, if it is summer a minimum of 750cm3 per person and some cereal bars or fruit.

Clothing: small backpack, sunglasses, sports clothing in layers, the clothing should be light, if possible quick drying. In spring and autumn do not forget a coat and comfortable gloves. The tour includes bicycle, helmet and professional guide.

The guide speaks English and spanish

**COST OF THE E-BIKE tours**: the cost is made up of 2 items

- 1 the daily rental fee for each bicycle used on the tour (see price list on page 2).
- 2 a fixed cost for the guide and logistics service (see price list on page 2. last item of the list).

