



# Multi-day Biketrips

## 7 Lakes classic Self-guided 5 days



Patagonia Bike Trips rents you all the equipment you need to ride the seven lakes, or any other cycling trip you want to make.

The route has a total of 200 kilometers. Starts in Bariloche, passes through Villa la Angostura and ends up in San Martín de los Andes.

The ideal is to pedal an average of 35 to 40 kilometers per day, in this way the route is completed in 5 days. This will allow you to enjoy the landscapes and campsites, and also rest your body enough to avoid injuries or physical inconveniences.

The circuit is well stocked with places to sleep. In general, you sleep in authorized campsites. Sometimes you can also choose hostels and inns. Always remember that it is forbidden to camp and make a fire outside the authorized areas.

To complete the journey successfully, you must carry the camping equipment and the food that will be consumed during the day. Remember that there are few supply points.

Each bike is equipped with a cargo trailer or panniers. If you don't have a tent or sleeping bag, don't worry, you can rent it too.

You can decide the day of departure and the duration of the trip. You can do the 7 lakes or consult us for other variants within the area. We suggest making the cycling trips between October and April. Always check the weather forecast before leaving.

When you arrive in San Martín de los Andes you must go to the PUMA HOSTEL to return the material –St. Asunción Fosbery 535 – tel. 02972 42 2443. If you book a night in Puma Hostel you get a **drop off** bonus of 50%



[Google maps – Take me to the hostel](#)  
[Make a reservation in Puma Hostel](#)

IF you think that doing it on your own may be complicated, don't worry. You can join our **GROUP GUIDED TOURS**. You will meet amazing people and you will gain **CONFIDENCE** and **EXPERIENCE** for your next adventures. Check the dates. +54 9 2944 818982 Micaela





## NEW ROUTE -> MANSO VALLEY BIKETRIP Guided or self-guided 5 days



Departure from the center of Bariloche to the south towards Bolsón, passing through the valley of the Manso River and the valley of the Azul River. This route is a combination of asphalt, gravel roads and trails that will amaze you each day.

Spend 5 unforgettable days, pedaling through a variety of terrains of moderate difficulty. You will get to know the Lake Guillermo MTB trail, the MTB Manso walkway trail, the Manso River and its pools, the Steffen Lake viewpoint and the Azul river.



Return the bicycles at [Portal Norte](#). Book one night there and drop off is free of charge.

For this journey, we have developed a detailed guide that will explain everything you need to do to be successful. Download it from our website or request it by whatsapp to our contact numbers.

[DOWNLOAD .PDF WITH INSTRUCTIONS](#)

If you prefer to do this tour with a group, a guide and rafting in an all-inclusive format, ask about our guided tours +54 9 2944 532470 Lucas

[CLICK HERE TO WATCH VIDEO OF MANSO VALLEY TOUR](#)

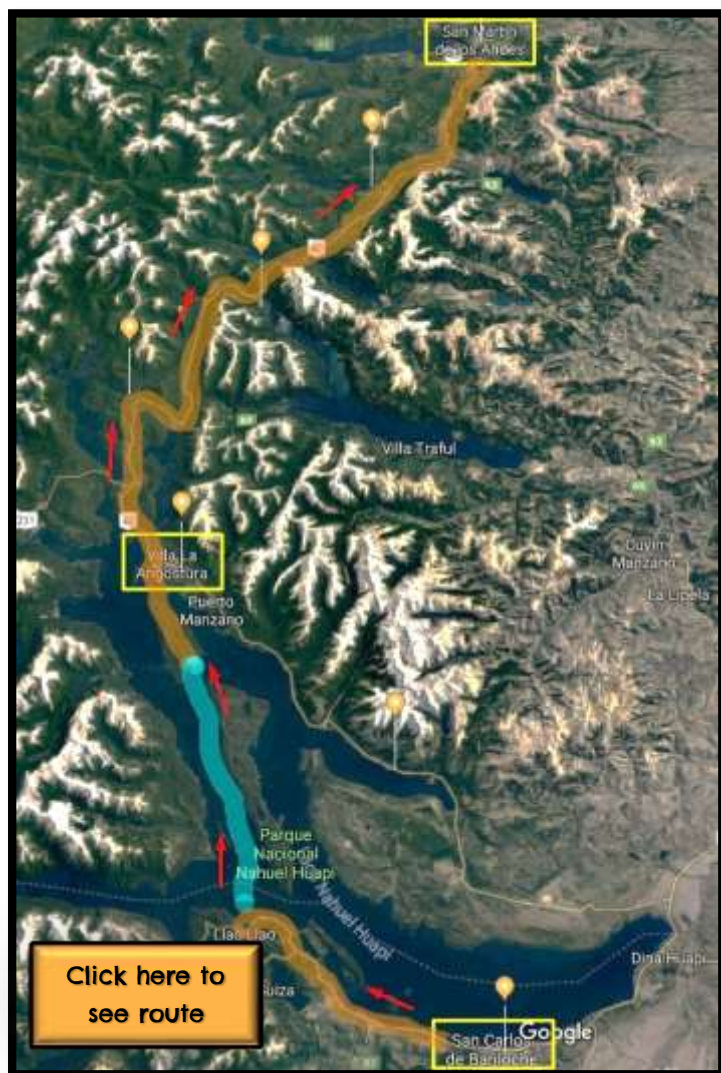






## 7 lakes by Arrayanes forest Guided or self-guided 5 days

Another way to complete the 7-lake route, is to do it with the traditional boat tour through Victoria Island and the Arrayanes forest. The journey begins in the center of Bariloche. You must pedal to Puerto Pañuelo, in front of the Llao Llao hotel and take the bicycles on the catamaran. The catamaran takes approximately 90 minutes to reach the Arrayanes forest. We suggest 4 days for this route.



The boat takes you to the Quetrihué peninsula. You must pedal along a trail for 11km, until you reach Villa la Angostura. From there onwards, there are 120 kilometers left to finish the trip in San Martín de los Andes.

The CAU CAU catamaran is an option to go to the Arrayanes forest. The other company that offers this service is called TURISUR. Here you have the links of the companies that carry out these transfers. During January and February, buy the boat tickets 5 days in advance.

Buy your boat ticket - [Catamaran CAU CAU](#)

Buy your boat ticket - [Turisur](#)

TURISUR

Mitre 219 / Mitre 150

(54) 0294 - 4426109 / 110 / 112

[ventas@turisur.com.ar](mailto:ventas@turisur.com.ar)

CAU CAU

Mitre 139 – Bariloche

Tel.: +54 (0294) 443 1372/3

[info@islavictoriayarrayanes.com](mailto:info@islavictoriayarrayanes.com)

This trip can be done sleeping in a tent or you can coordinate the stops in cabins, and avoid carrying a tent. It is necessary to bring a sleeping bag, since some cabins do not have bed sheets. If you are going to sleep in cabins, you must plan well your route.

If you chose this route in self-guided mode and want to sleep in lodgings, download the instructions in .pdf format from our website, or request it by WhatsApp.

[DOWNLOAD .PDF WITH INSTRUCTIONS](#)

**If you prefer to make this tour with a guide and an organized group, ask about our guided tours 7 lakes and Arrayanes forest. +54 9 2944 673270 Fernanda**

Drop off the bicycles at [PUMA HOSTEL](#) - 50% drop off bonus if you book one night.

Asunción Fosbery 535 – tel. fijo 02972 42 2443 – [Make a reservation at Puma Hostel](#)



## 7 lakes, Villa Traful and the Andean steppe Self-guided 5 days



This variant of the route offers the most diverse and varied landscapes. In the first stages we cross the beautiful Andean steppe, then we cross the transition towards the Cordillera de los Andes, passing through Villa Traful, and finally we join the route of the 7 lakes to finish in the town of San Martín de los Andes.

Leaving Bariloche to the east, we ride along Limay River for 25 kilometers. The first stop must be made in Villa Llanquín village. You can sleep in cabins, hostel or camping.

Day 2: you must travel 30 km along route 237 to the Confluencia area, and then turn left towards Villa Traful and pedal an additional 30 km on gravel to reach your destination.

On the 3rd day leave Villa Traful and go to the route of the 7 lakes. Important: if you are doing this route sleeping at lodgings, you must return 5 km towards Villa la Angostura and sleep at the 7 lakes camping/hostel. Mariana Quintupuray inn 7 lakes: +54 9 2944 305776

From then on, follow this fantastic asphalt route passing through the classic pichi Traful, Falkner and Lago Hermoso campsites, to finish in San Martín de los Andes.

This route can be done stopping every night in lodgings, always stopping at campsites or alternating between both options.



Telephone numbers for the lodgings

Vla. Llanquín La Maroma Lodge (Micaela): +54 9 2944 702399

Vla. Llanquín Camping & dorms (Marcos): +54 9 2944 904146

Villa Traful Hostel & Dormis Vulcanche Tel. +54 9 2944 311072

Mariana camping & dormis 7 lakes: +54 9 2944 305776

Dormis del lago Hermoso Contact: Valeria +54 9 1135693494

Instagram: [@campinglagohermoso](https://www.instagram.com/campinglagohermoso)

Email: [caminosietelagos@gmail.com](mailto:caminosietelagos@gmail.com) Tel: 02972 41-0911

At the end of the trip, return the bikes at Puma Hostel.

Drop off has a 50% off if you make a reservation at the hostel





## Big Circuit

Self-guided 7 days



This loop is a challenge of intermediate difficulty and has an estimated duration of one week. It combines different landscapes, steep climbs, more than 100 kilometers of gravel and places with little traffic of vehicles and/or people.

To complete it successfully we must take camping equipment, since the "Paso Córdoba" road is long and has only one campsite near hua-hum lake. In fact, it is likely that one of the nights you will have to set up a wild campsite near the road, or near a stream.

Once you get to Meliquina you must join the route of the 7 lakes and head south towards Villa la Angostura. This second section of the route is asphalt, faster than the first part and

has a wide variety of campsites with lake shore to enjoy and rest. This type of circuit will allow you to know in depth not only the Cordillera, but also the "Andean steppe", rural towns and not-so-touristy areas that deserve to be discovered. If you want to shorten the route a bit, you can finish the route in Villa la Angostura.



Foto: Villa Meliquina





## Mt. Tronador and Alerces waterfall circuit

Self-guided 4 days



An excellent option for those who prefer to pedal on gravel roads is to tour the Tronador and Cascada los Alerces circuit. You must pedal about 45 km to Los Rapidos campsite. A good option is to set up a base there. The campsite has a grocery store, buffet, hot water, space for tents and cabins

Los Rapidos camping phone: +54 9 2944 416120

Once the base is set up at the campsite, you can cycle back and forth during the day to the Ventisquero Negro glacier, or to the path that leads to the Cascada los Alerces. This journey can be combined with walks and trekking on the slopes of the imposing Cerro Tronador. Suggested time 4 days. Optional: lake guillelmo loop

The Pampa Linda area also has 3 beautiful campsites, an inn and a grocery store. The possibilities are numerous, and the bicycle will give you the freedom to travel these paths until you get to know every corner of this wonderful tourist circuit.







## Traful by Myrtles forest circuit

Self-guided 4 days

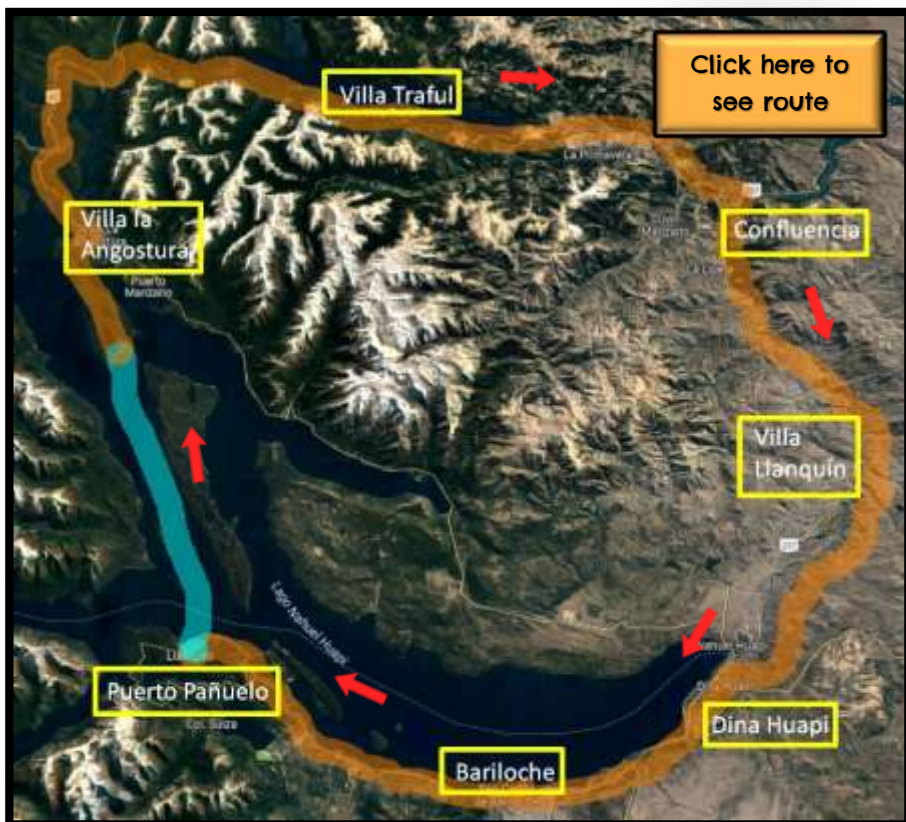
An excellent circular option of 4 days and 3 nights, touring the main attractions of the region.

Day 1: head to "Puerto Pañuelo" and board the catamaran bound for the Arrayanes forest. Last boat 1:00 p.m. We end the day in Villa la Angostura.

Day 2: cycle 30 kilometers along the 7 lakes route and take a detour along provincial route 65 to finish in the most beautiful village in Patagonia known as Villa Traful.

Day 3: the longest section of the journey. We pedal 30 kilometers to Route 237 and arrive at the magnificent Enchanted Valley. Then 30 more kilometers to a small town known for its fishing, called Villa Llanquín.

Day 4: pedal along a rural road that borders the majestic Limay River, to the town of Dina Huapi. From there, there are only 20 kilometers left to end the tour in the city of San Carlos de Bariloche.



This circuit has the advantage that it can be done sleeping in a tent or also stopping at lodgings. Since the three suggested stops are towns with hotels, campsites and services such as supermarkets and restaurants. Ideal if you want to feel comfortable after each day.







## Bariloche to Esquel by Alerces National Park

Self-guided 7 days



This journey of 7 to 8 days and 350 kilometers, runs along national route 40 (asphalt) and provincial route 71 (gravel) from north to south, departing from Bariloche, passing through El Bolsón and Los Alerces national park to finish in Esquel city.

The first part of the route along route 40, from Bariloche to El Bolsón, is paved and fast, since we will have mostly negative slopes for several kilometers. South of Bolsón we can take a detour to visit Lago Puelo. Then we pass through the towns of El Hoyo and Epuyén. There begins the provincial route 71 that runs through Los Alerces National Park. This route is mostly gravel and is undoubtedly the most beautiful part of this journey. This trip can be completed by stopping at campsites, at hostels or alternating between the two.

**Download the route to see points of interest, distance and lodging.**

Suggested stops: Day 1 - Bariloche to Villa Mascardi || Day 2- Villa Mascardi to El Foyel || Day 3 - El Foyel to El Bolsón || Day 4 - El Bolsón to Epuyén || Day 5 - Epuyén to Villa lago Rivadavia || Day 6 - Villa lago Rivadavia to Villa Futral || Day 7 - Villa Futral to Esquel.

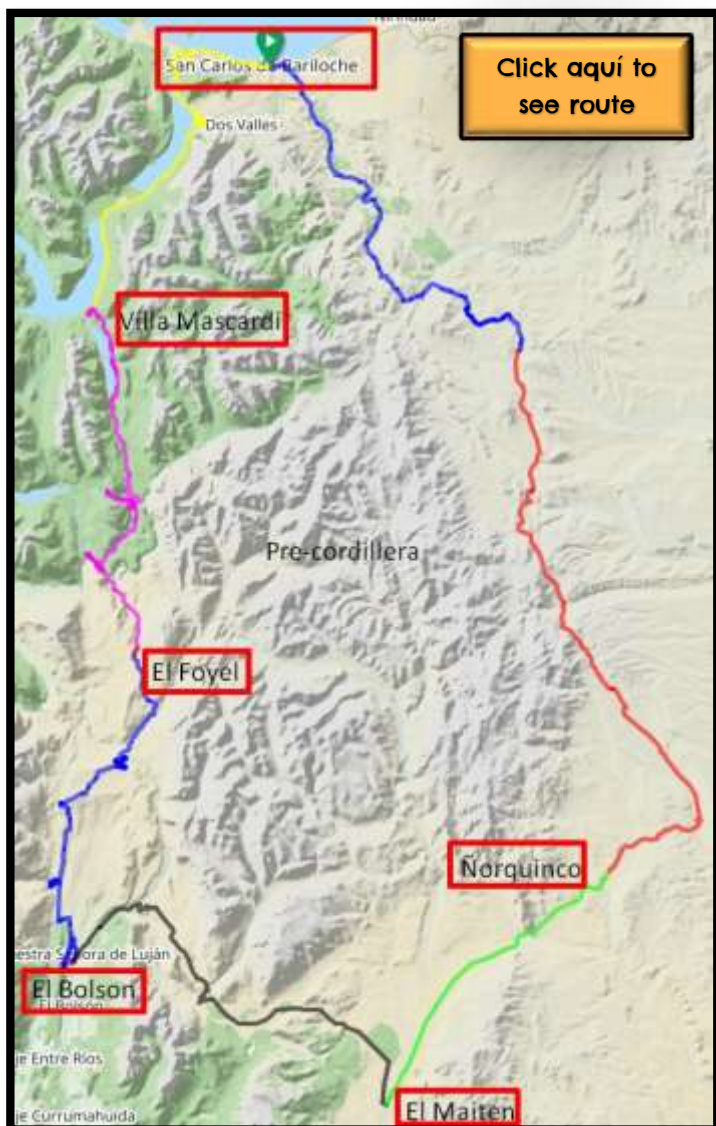
**You can drop off the bikes in Esquel once you get there.**







## NEW ROUTE -> Guanacos loop challenge Self-guided 7 days



Guanacos loop challenge is a circular trip that runs between the towns of Bariloche and El Bolsón.

The route combines rural double tracks that cross the magnificent Patagonian steppe, with established secondary roads that run alongside crystal-clear rivers of the Andes Mountains. As such, it offers an incredible variety of landscapes and colors.

The first stage from Bariloche to Bolsón is a compilation of primary and secondary roads surrounded by forests and whitewater rivers, such as the Foyel, Manso and the Blue River. The second part runs along rural areas of the pre-cordillera de los Andes with peaks of up to 1,500 meters that will make you feel in another world.

Click on "see Route" to download the circuit and see all the details. The stages are represented in different colors. Suggested time: 7 days

Total distance: 365km

Asphalt 30% Gravel and rural doubletracks 70%







## Bariloche to Bolson by the Andean trail

Self-guided 6 days



Huella Andina (Andean trail) is the first long-distance trail developed in the Argentine Republic. The route runs through the southwestern sector of the Patagonian region of this country

The characteristics of this route make it ideal to be traveled with bikepacking modality.

It is not easy, it is a demanding route that requires good handling of the bicycle, camping skills and a great sense of orientation.

If you are looking for a challenge that combine trails, gravel roads and asphalt, this is your best option.

We present this video, made by the Patagonia Bike team in November 2019.

### [WATCH VIDEO BIKEPACKING HUELLA ANDINA](#)

We suggest doing this route in a minimum group of 2 people. Doing it alone is not recommended since you will find yourself far from civilization on several occasions.

If you are decided, you just have to choose the day of the game and reserve the teams.

The route has a total of 245 km, of which 175 km are unpaved. Mostly gravel roads, tracks and many miles of trails



We suggest 6 days for the full tour. We can also shorten the route to do it in 5 days

Drop off of the equipment is in the camping complex & dorms Portal Norte

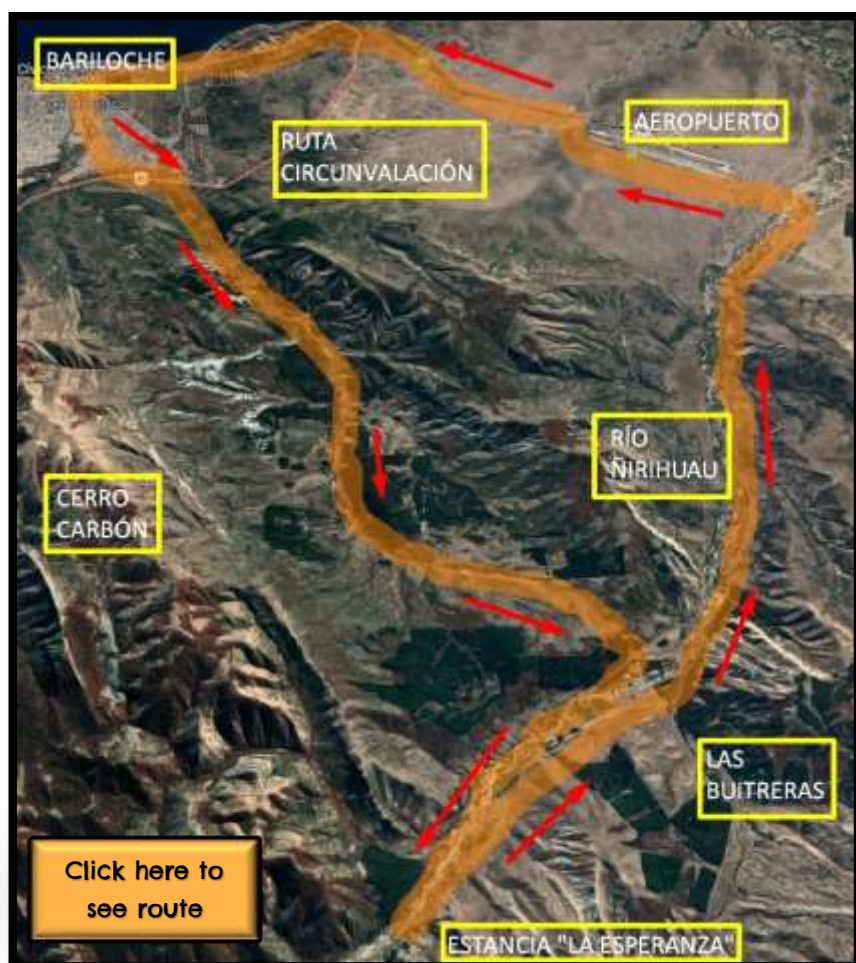
[CLICK HERE TO MAKE A RESERVATION](#)





## RECOMMENDED -> Estancia la Esperanza

Mixed 2 days



This 2-day experience combines cycling with local country cuisine, overnight and a horseback ride at Estancia "La Esperanza" located about 30 kilometers south-east of Bariloche.

You will use the bike as a means of transport to get to the ranch house. The road is rural, of low difficulty and low traffic, ideal for conventional or electric mountain bikes.

When you arrive at the ranch, Gerardo, the manager of the field, will welcome you with some delicious mates. At night, you will have a traditional Patagonian barbecue dinner in the barbecue area, and then rest in the Pichi-Ruca cabin, with capacity for 7 people in total.

The next day, the horses will be prepared for a 2-hour morning ride through the Ñirihuau river basin. It is also possible to do the horseback path by bicycle. This guided tour is done by the ranch staff.

At noon, lunch will be prepared to regain strength and then, you can return to Bariloche along another gravel route that borders the river and ends in the city center where you can return the bicycles. This 2-day minitour includes bicycles, horseback riding, dinner, cabin, breakfast, and lunch.

The transfer to the ranch is **WITHOUT GUIDE**. Getting there is very easy if you download our route and follow the instructions. The activities within the ranch are guided and coordinated by the field staff. Minimum number of passengers: 2 pax. More information about the stay <http://www.estancialesperanza.info/>

**Must-do suggestion:** visit the rock formations "las buitreras" before returning to Bariloche.

La Esperanza ranch cell phone: +54 9 2944 683021 (Gerardo)







## Bikerafting river Limay

Self-guided 2 days



To achieve this challenge, it is advisable to have a minimum of experience in rafting or kayaking. Bikerafting consists of completing a rafting route autonomously, without the need for a vehicle to pick us up at the end of the raft descent.

In short, to achieve this we must have a means of locomotion by water (packraft) and a means of locomotion by land (bicycle). In addition, we must have a special loading equipment to load the raft on the bike, that allows us to travel easily. (Bikepacking cargo mode)

River Limay is an accessible and low difficulty option to experience bikerafting for the first time.

This adventure begins in Bariloche. We must pedal 18 km to the beginning of the Limay River. About 100 meters before the bridge that marks the beginning of the river, we turn to the right along a gravel road that borders the watercourse. It is important to go along the river until you find a comfortable beach to prepare the

raft and board easily. You must also have to look at the first 500 meters of the river to detect any obstacles, since the first section of the limay has some rocks. After the rocks, the course is super simple and friendly. Remember to embark away from the start of the river.

Once you are on board, everything is simple. Anticipate the turns of the river by staying in the center of the course. The rafting ends in Villa Llanquin (suspension bridge). You can sleep and have a Patagonian lamb for dinner at La Maroma Lodge (Micaela +54 9 2944 702399). Come back pedaling the next day along the rural road that borders the Limay.

The difficulty of the rafting is Class I / II (Easy)







## King of the hill

Self-guided 2 days

This bikepacking microadventure consists in cycling from Bariloche to mt. Lopez, and reaching the summit, 2,200 meters above sea level, and then returning the next day. We will use for this excursion the e-bike with light bikepacking equipment and a small backpack to reach the top of the tourist peak of Cerro López.



The tour starts in the center of Bariloche. You must pedal around 24 kilometers to the town of Colonia Suiza. There you must stop to recover strength and charge your bike battery to 100%, since the ascent by bike is made by a steep and long path that will consume almost all of our power.

Leave Colonia Suiza, heading west towards Cerro López. A few kilometers away we find the Canopy station. The main path up to López begins there, but it happens that they are not very cool and if they see you going up they will try to block your way. For this reason, it is advisable to advance a little further to the west, around one kilometer, until you reach some farms. A path starts there (marked in yellow) that joins the main road (marked in orange) higher up. It is important to ask the peasants of the farm for permission and they will let you advance without any problem.

Once we arrive to the shelter we get ready to spend the night. It is important to reserve a bed in the "refugio", bring a sleeping bag and organize dinner. The next day remember to leave the bike batteries charging, and face the summit in trekking mode. It takes almost 2 hours to reach the summit. Then we descend and have our bike ready to return to Bariloche. This tour is great if you have only 2 days! **Shelter refugio Lopez phone: +54 9 2944 591873**

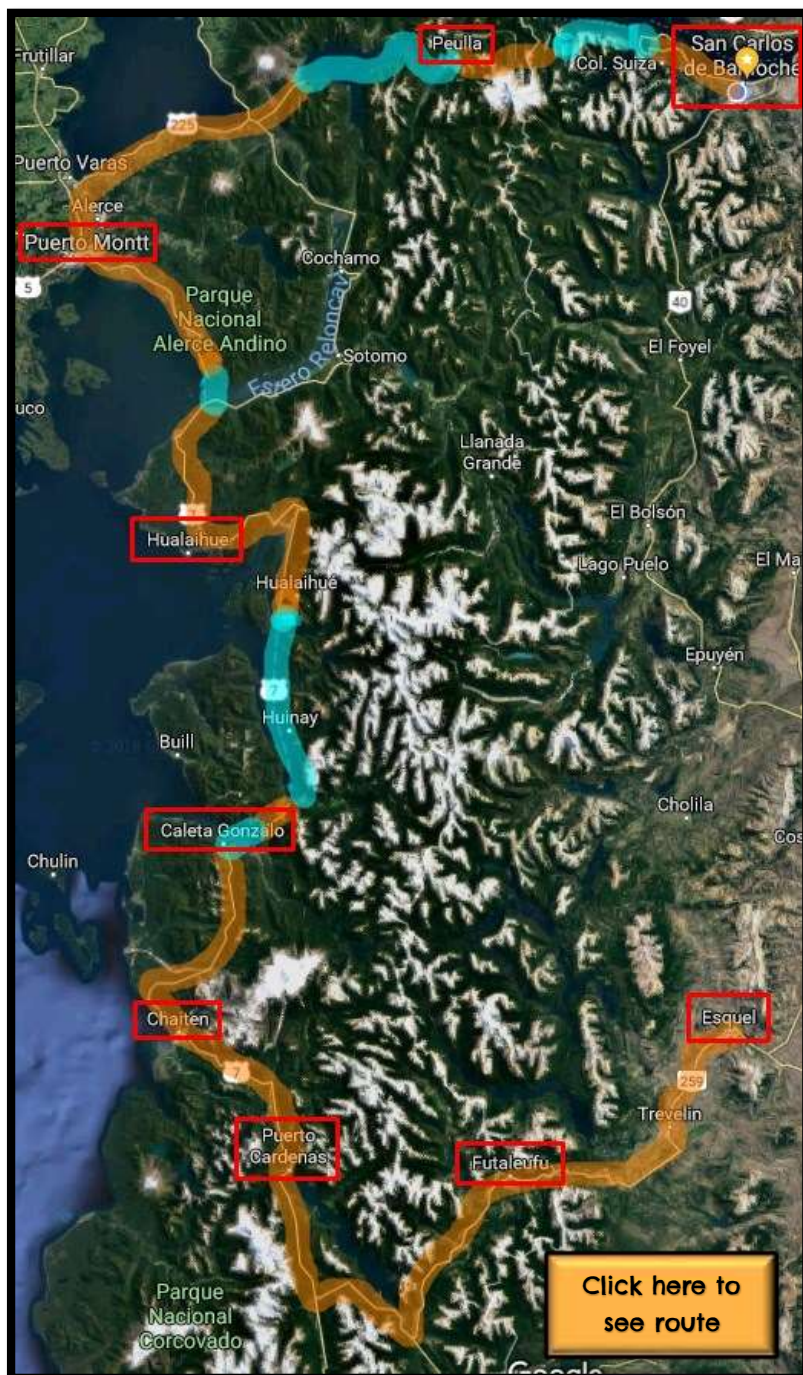




## International routes Argentina – Chile

### Bariloche to Esquel by chilean Carretera Austral

Selfguided 15 days



If you have 2 weeks and you want to make the trip of your life, this circuit will meet your expectations.

Along the route you will take 5 ferries, pedal about 500 kilometers and cross the Cordillera de los Andes on 2 occasions.

Get ready to ride a section of the famous Chilean Austral Highway and get to know towns where time seems to have stopped.

Along the route there are a variety of campsites and lodgings, magical places and unique landscapes.

The first crossing to Chile can be done by hiring the Turisur catamaran that goes to Puerto Blest and crosses to Chile. It's called the "Cruce Andino".

[Cruce Andino Bike - \(tarifas\)](#)

[Cruce Andino Bike&Boat](#)

The second crossing to return to Argentina is done pedaling through the Futaleufú pass.

At the end of the tour, you can leave the bicycle in Esquel, and we will pick it up without additional cost



 **carretera austral**



| Patagonia Bike Trips | John o'Connor 290 – Bariloche - Cel. +54 9 2944 532470 | [www.patagoniabiketrips.com](http://www.patagoniabiketrips.com)

[h.riding.bariloche@gmail.com](mailto:h.riding.bariloche@gmail.com)







## The volcano route (Argentina-Chile)

Self-guided 8 days



This journey of approximately 415 kilometers in length and 8 days of duration combines the traditional lake excursion of the Patagonian Andean crossing and crosses the 5 largest lakes in the area. The Nahuel Huapi, Lake Todos los Santos, Llanquihue, Rupanco and Puyehue. You can hire the boat sections at [www.turisure.com.ar](http://www.turisure.com.ar) (cruce andino). The fee is approximately US\$ 120. In addition, you can see all the great volcanoes... the Tronador, the Osorno, the Calbuco, the Puntagüedo and the recently erupted Puyehue.



Another attraction of the tour is the famous Puyehue Hot Springs hotel, located in the National Park that bears the same name. The trip can end in Villa la Angostura or Bariloche

It is a journey of intermediate difficulty, full of magnificent natural attractions that will amaze you at all times.

Km by land 350

Km by water 65km

[Cruce Andino Bike - \(tarifas\)](#)

[Cruce Andino Bike&Boat](#)





## Cruce Andino – Bike & Boat

Selfguided 3 days

Tickets -> [Bike&Boat](#)



Crossing the Andes by bicycle is a classic. Do you know how many crossings of the mountain range there are between Chile and Argentina? 43. Yes, a giant number! Now, there is only one where you can experience navigating 3 andean lakes, connecting the land sections with your bicycle, departing from Bariloche.

Our suggested route begins in Bariloche. You must equip yourself in the morning and pedal to Villa Llaolao. The GPS will take you through beautiful trails and gravel roads. You will visit the Moreno lake, and the historic town of Colonia Suiza. We recommend stopping there for lunch. The gastronomic offer is excellent.

After eating you will visit the panoramic viewpoint and the small circuit. You must spend that night near "Puerto Pañuelo". We recommend Hosteria Katy to spend the night.

On day 2 you should go to Puerto Pañuelo and embark at 9 in the morning on the Turisur catamaran that goes to Puerto Blest. Before noon you will arrive at the port. There you must pedal 3 kilometers to reach Lago Frías. At 12.30 you must embark to cross this lake. When you arrive at Puerto Frías, you must start the 30-kilometre ride to Peulla. In this section you must complete the customs procedures to enter Chile. Once you arrive in Peulla you must take the third boat of the day, to cross Lake Todos los Santos. This catamaran sets sail at 3:15 p.m. And it arrives in Petrohué at 5:00 p.m. We recommend spending the night in Petrohué, or at most, pedaling 15 more kilometers to Ensenada. No more than that.

Day 3 is very relaxed. A ride with little unevenness and magnificent views of Lake Llanquihue, the Osorno volcano to your right and Calbuco to your left. You will end the journey in Puerto Varas. There you must coordinate with Cris from "Rueda al Sur" (+56 9 6840 3045) so that he packs your bike and you can return to Bariloche by bus with all the equipment. We recommend spending a night in Puerto Varas to enjoy the city and prepare everything without rushing to return to Argentina. It is also possible to coordinate with a transport to pick you up in Puerto Varas. Private transportation is convenient for large groups. If you prefer the minibus, write to Silvio to coordinate. Cell +54 9 2944 807120.

